If you are ill you should not prepare food for others (even your own family) until you no longer pose a risk of infecting others.

To protect yourself and your family from any type of illness be sure to follow the 4 key steps of food safety — clean, separate, cook, and chill.

What consumers can do to protect themselves from getting COVID-19

Currently there is no evidence of food or food packaging being associated with transmission of COVID-19.

Like other viruses, it is possible that the virus that causes COVID-19 can survive on surfaces or objects.

Anyone handling, preparing, and serving food should always follow safe food handling procedures, such as washing hands and surfaces often.

To further minimize the risk, handling food packaging should be followed by handwashing.