



Produce Safety

Farm Worker Health and Hygiene Best Practices



Come to work in clean clothing and footwear.



Do not come to work when sick. Notify a supervisor if you become ill at work.



Notify a supervisor if injured while working. Cover cuts with a waterproof dressing or glove.



Wash hands (at least 20 seconds) with soap and water and dry thoroughly.

When to Wash Hands:

- Before starting work
- After breaks
- After using the restroom
- After contacting animals
- Before putting on gloves
- Any other time hands may have been contaminated



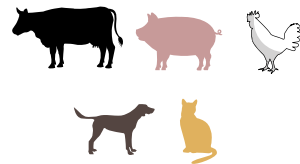
No eating, chewing gum or smoking in areas used for produce.



Keep fingernails clean. Do not bite nails, wear nail polish or false nails to work.



Remove or cover hand jewelry that is difficult to clean.



When possible, avoid contact with animals. If contact does occur, wash hands and, if necessary, change clothing and/or footwear.

For more resources: www.coproducesafety.org